



## Shining futures Nursery 's Summer Menu 2

week commencing Date :	Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Breakfast</b>	Selection of Cereal Weetabix/porridge & Toast	Selection of Cereal Weetabix/porridge & Toast	Selection of Cereal Weetabix/porridge & Toast	Selection of Cereal Weetabix/porridge & Toast	Selection of Cereal Weetabix/porridge & Toast
 <b>Lunch</b>	Cheese pasta with brocoli <b>Desserts :</b> homemade pudding custard With banana	Cottage pie and vegetable <b>Desserts :</b> Peach with ice- cream	Cheese pasta with brocoli <b>Desserts :</b> fresh banana with Greek yogurt	Fish risotto with vegetables <b>Desserts :</b> Fruit salad	Roast chicken meal with roast potato and vegetable <b>Desserts :</b> vegetarian jelly
<b>Vegetarian option</b>	Vegetable risotto roast potato	Mashed potato with cheese and beans	As above	Vegetable/beans curry and rice	As above
<b>Tea</b>	Potato salad	Cous cous with salad	Turkey ham sandwich With cucumber	Thai lentil soup with pitta bread	Homemade tomato,sweetcorn, mushrooms pizza
<b>Vegetarian option</b>	As above	Mashed beans pesto/sweetcorn	Hummus ,cucumber sandwich	As above	As above
<p><b>10am snack and 2pm snack time</b>, we do provide ,selection of fresh fruits(seasonal fruits),dry fruits ,mix vegetable sticks With crackers, rice cakes or bread sticks</p>					

Every effort will be made to ensure that the dietary needs of all our children are met and those children with allergies and preferences are given a meal as similar as possible to the menu. All food is made fresh within the nursery everyday